

Personal Finance: Learning to Manage My Money







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Teacher Background:

Benjamin Franklin once said, "An investment in knowledge pays the best interest." This is certainly true regarding knowledge about financial decisions. A recent study by Bankrate.com stated that 76% of Americans live paycheck to paycheck with less than 25% having enough savings to cover six months of living expenses. A recent Gallup Poll indicates that 2/3 of Americans do not maintain a monthly budget. The average American household with at least one credit card reports nearly \$15,950 in credit card debt. Some debt is justified if it leads to improved productivity such as debt for schooling or if the purchase increases in value such as a house. At other times, debt prevents us from achieving our financial goals. Students need to learn the difference between types of debt now so they won't find out the hard way later.

Developing skills related to budgeting, saving, investing, and credit are important as students prepare for the future. It is important to define savings goals and determine how much to save over a given period of time to reach those goals. Long term savings goals such as purchasing a home or car or saving for retirement or college can take more than three years. Some of them take one's whole career. Short term goals take three years or less and include things such as saving for a car, emergency fund or for a vacation. People should begin saving for retirement with their first paycheck.

This project based unit will challenge students to become knowledgeable about the topics of budgeting, saving, investing, and credit as they become informed decision makers about a topic near and dear to them . . . their money!

Sources:

76% of Americans are Living Paycheck to Paycheck, CNN Money. http://money.cnn.com/2013/06/24/pf/emergency-savings/

New Gallup Poll Shows Two-Thirds of Americans Do Not Budget: http://www.deseretnews.com/article/865581100/New-Gallup-poll-shows-two-thirds-of-Americans-do-not-budget.html?pg=all Controlling Your Personal Debt: http://money.cnn.com/magazines/moneymag/money101/lesson9

Glossary:

- **Bond:** A certificate of indebtedness issued by a government or a publicly held corporation, promising to repay borrowed money to the lender at a fixed rate of interest and at a specified time.
- **Budget:** A spending-and-savings plan, based on estimated income and expenses for an individual or an organization, covering a specific time period.
- Certificate of Deposit: A certificate issued by a bank to a person depositing money in an account for a specified period of time (often six months, one year or two years). A penalty is charged for early withdrawal from CD accounts.
- Compound Interest: Interest that is earned not only on the principal but also on the interest already earned.
- Credit: The opportunity to borrow money or to receive goods or services in return for a promise to pay later.
- **Credit Application:** A request for a loan, submitted to a lender (for example, a bank or a credit union) by a prospective borrower. The credit application provides background information which the lender uses to assess the prospective borrower's creditworthiness--his or her ability to repay the loan.
- Credit Card: A small, specially coded plastic card issued by a bank, business, etc., authorizing the cardholder to purchase goods or services on credit.

- **Credit History:** A record of past borrowing and repayments.
- **Credit Limit:** The maximum amount of money that will be extended to a person by a financial institution or credit-card issuer.
- Credit Score: A number based on information in a credit report, which indicates a person's credit risk.
- **Interest:** Money paid regularly, at a particular rate, for the use of borrowed money.
- **Interest Rate:** The price paid for using someone else's money, expressed as a percentage of the amount borrowed.
- **Investing:** The process of putting money someplace with the intention of making a financial gain. Investment possibilities include stocks, bonds, mutual funds, real estate, and other financial instruments or ventures.
- **Mutual fund:** A pool of money used by a company to purchase a variety of stocks, bonds or money market instruments. Provides diversification and professional management for investors.
- **Portfolio:** A person's or an institution's collection of savings and investments.
- Rate of Return: Earnings from an investment, stated as a percentage of the amount invested; usually calculated on an annual basis.
- **Risk:** The chance of losing money.
- Rule of 72: A mathematical rule for determining the number of years it will take for an investment to double in value. The number of years is determined by dividing 72 by the annual rate of return. Thus, an investment expected to earn interest at a rate of 8 percent will double an investor's funds in 72/8, or nine years. Dividing 72 by the number of years in which an investor wishes to double his or her return will yield the necessary rate.
- **Saving:** Disposable income (income after taxes) minus consumption spending.
- Savings Account: An interest-bearing account (passbook or statement) at a financial institution.
- Savings Goal/Plan: A plan for setting aside money for future use.
- **Stock:** An ownership share or shares of ownership in a corporation.
- **Stock Market:** A market in which the public trades stock that someone already owns; the buying and selling of stock.

Resources: (TESS 1d: Knowledge of Resources)

- A Penny Saved: http://www.econedlink.org/lessons/index.php?lid=1029&type=student
- Budget Busters: https://www.practicalmoneyskills.com/foreducators/lesson_plans/lev9-12/SA_Lesson9.pdf
- Cards, Cars and Currency Curriculum Unit: https://www.stlouisfed.org/education/cards-cars-and-currency-curriculum-unit
- Credit Card Statement Explained: Personal Finance 101 Financial Forms Explained: https://www.stlouisfed.org/education/personal-finance-101-financial-forms-explained/credit-card-statement
- Credit Cred: https://bts.stlouisfed.org/credit-cred/?p=yes
- GeniRevolution: www.genirevolution.org
- Get a Life Game: http://www.famemaine.com/files/StaticPages/General/GetALife/GetALife.html
- Get Real Here's the Deal: https://www.uaex.edu/counties/newton/docs/About%20Get%20Real.pdf
- Growing Money: Compound Interest: https://www.stlouisfed.org/education/no-frills-money-skills-video-series/episode-1-growing-money-compound-interest
- The Benefits of Investing Early: http://www.econedlink.org/lessons/index.php?lid=603&type=student

- The Five Stages of Investing: http://www.econedlink.org/lessons/index.php?lid=707&type=student
- Sample Monthly Budgets for Teens: http://www.moneyandstuff.info/pdfs/samplebudgetforteens.pdf
- Saving and Investing for Students: http://investor.gov/node/277
- Take Charge Today: https://takechargetoday.arizona.edu/node?destination=node
- What's the Importance of Developing Job Skills: http://www.frbsf.org/education/files/lessonplan_jobskills.pdf
- Your Money Matters: A Guide to Your Personal Finances: http://www.ocap.org/pubs_Forms/Publications/YMM_ HS Guide.pdf

Explore the Livebinder:

http://www.livebinders.com/play/play or edit?id=1607807

Access Key: Economics Arkansas



Essential Question: (TESS 3d: Engaging Students in Learning)

Why is it important for me to learn about money issues now? And, plan for retirement? Really? I'm in high school, and I don't even have a full time job yet!

Springboard Activity:

Challenge students to list 5 items they would like to purchase in the next 10 years. Ask them to share how they plan to purchase the items. Explain to students that the purpose of this unit is to help them understand basics on the topics of saving, spending, budgeting, investing, and credit that will enable those goals to become realities.

Suggested Outline of Project Based Unit:

The content is divided into four content areas: budgeting, saving, investing and credit. Each is color coded for ease in locating the activities and information in the LiveBinder.

1. Introducing Personal Finance:

- a. Play the Millionaire Game: (PowerPoint, template for the cards and score sheet are in the LiveBinder of resources under Millionaire Game tab.)
 - Divide your students into teams and give each team a TRUE/False card and a \$ sign card.
 - Project one statement at a time. Students, working in teams, decide if they feel the statement is true or false. They will record their answers on their score sheets and keep a running tally.
 - When asked to share their response, each group holds up their response card.

- Each correct answer will add 5 points to the team score. Each incorrect answer will subtract 5 points from the team score.
- Allow students to use the \$ sign option five times during the 15 statements.
- Each correct \$ answer will add 10 points to the team score. Each incorrect \$ answer will subtract 10 points from the team score.
- A perfect score is 100.

b. Great Online Resource Options:

- A wonderful online course that addresses the topics of setting financial goals, budgeting, saving, investing, building credit and managing debt is *Building Wealth* by the Dallas Federal Reserve Bank. It is free and available at http://www.dallasfed.org/microsites/cd/wealth/students.html. Teachers may order hard copies for use with their students. It is available in Spanish, also.
- GeniRevolution has an online gaming format that also addresses these topics by completing missions. www.genirevolution.org
- The St. Louis Federal Reserve Bank has assignable online courses that pre and posttest your students and have them work through financial literacy topics for mastery. Register at www.stlouisfed.org/education_resources

2. BUDGETING BASICS: Developing a Plan

(pink tab of the LiveBinder)

Introduce the concept of budget as "a plan for spending and saving money." Some available activities to introduce students to the concept of budgeting are found below and in the **Budgeting Basics** tab on the LiveBinder.

a. Budget Game: See LiveBinder

This quick board game challenges students to budget their income using 20 pennies (beans, tokens, or other manipulatives may be used). It's harder than you think!

b. PlaySpent.Org: http://playspent.org/

Imagine surviving on a limited budget for 30 days. This interactive challenge will force your students to make some tough decisions.

c. Moneytopia: http://apps.finra.org/moneytopia/

The goal of this online game is for students to manage their money and achieve their Big Dream!

3. SAVING

(orange tab of the LiveBinder)

Most students can identify goods or services they would like to obtain that require them to save in order to purchase their economic wants. The path or plan to achieving their goals may be the challenge. The links below indicate the benefits of compound interest and letting your money work for you to achieve those goals.

a. Where to Stash Your Cash (Savings Options)

Many students are unaware of the many ways to save and invest their money. This quick lesson explains alternatives for doing just that and challenges them to analyze the best saving option based on different criteria. https://www.practicalmoneyskills.com/foreducators/lesson_plans/lev9-12/SA_Lesson10.pdf

b. Putting Your Money to Work for You: The Power of Compound Interest

(Show one or more of the videos and then challenge students to see first-hand the power of compound interest using the compound interest calculator.)

Great Videos

- *Growing Money: Compound Interest:*https://www.stlouisfed.org/education/no-frills-money-skills-video-series/episode-1-growing-money-compound-interest
- *Investopedia Explains Compound Interest:* http://www.investopedia.com/video/play/what-is-compound-interest/
- *Save and Invest.Org*: (each are 1 minute or less) http://www.saveandinvest.org/financialbasics/teens/

Compound Interest Calculator: http://www.econedlink.org/interactives/index.php?iid=2

This calculator allows the ability to enter varying ages, amounts of savings and return on investment. This is a great visual for students to see how money can work for them.

c. Setting Savings Goals: Don't leave savings plans to chance. Plan!

A GREAT lesson and game that reinforces this concept is found in the *Financial Fitness for Life* curriculum. Although this lesson is in the 6-8 guide, it is applicable to all grade levels. The Council for Economic Education has made this lesson available at no cost on the LiveBinder of resources. Click on the **Saving** tab. (Used with permission. Financial Fitness for Life 6-8. Copyright ©2010 Council for Economic Education, New York, NY. All rights reserved. For more information visit www.councilforeconed.org or call 1-800-338-1192.)

After playing the game, encourage students to consider something they would like to purchase that would require saving. There are several templates available in the Setting Savings Goals tab of the LiveBinder.

4. INVESTING:

(green tab of the LiveBinder)

A great introduction to investing in stocks, bonds and mutual funds is the Stock Market Game. This simulation is designed for 4th-12th grade students in the state. There are funding opportunities to provide the team fees to participate. Check out www.stockmarketgame.org or contact Marsha Masters at marsha@economicsarkansas.org.

a. Great Videos:

- Damon's Story: DO NOT MISS! http://www.investorprotection.org/learn-about-invest-ing/?fa=damon-video
- No Frills Money Skills (Stocks, Bonds, Mutual Funds) https://www.stlouisfed.org/education/no-frills-money-skills-video-series

b. Stock Research:

Select the **Investing** tab of the LiveBinder. There is a recorded webinar to guide students as they learn how to research a stock. Have students use the research sheet in the tab to investigate a company of their choice. (There are also a number of great videos and activities on the topic of investing available in this tab.)

5. CREDIT:

(light blue tab of the LiveBinder)

Students need to understand the benefits and costs of credit. Credit can be a very useful tool if helping fund skill development or purchasing of a house. But it can also be a liability. It costs to use credit. Using it unwisely can prevent one from achieving financial goals. Below are some resources to consider using. More are available in the Credit tab of the LiveBinder.

a. **Credit Cred Course:** https://www.stlouisfed.org/education/credit-cred-online-course-for-consumers

This course is designed to help students learn about types of credit, the importance of building strong credit, and the benefits and costs of credit.

b. **Spot the Credit Crisis:** https://www.practicalmoneyskills.com/foreducators/lesson_plans/lev9-12/SA Lesson6.pdf

This lesson provides strategies for understanding credit reports and scores. Interactive scenarios will allow students to make informed decisions about the issues of credit.

c. The True Cost of Credit:

Powerful!

Visit the Credit tab of the LiveBinder and click on "The True Cost of Credit" tab. Print off some of the credit card templates. There are also printable ads for purchase found on that tab, or you may allow students to select ads from the newspaper.

Have students work through the questions on the "Calculate the True Cost of Credit" website: http://www.aie.org/manage-your-money/manage-credit-cards/calculate-the-true-cost-of-credit.cfm to find out what the true cost of the items are when only the minimum payment is paid monthly.

d. It Costs What? http://www.thirteen.org/finance/games/itcostswhat.html

This online game challenges students to investigate case files to see why four teens buy the same item but pay different amounts based on credit card rates.

e. **Credit Card Statement Explained:** https://www.stlouisfed.org/education/personal-finance-101-financial-forms-explained/credit-card-statement

This link will give your students a quick explanation of the elements of a credit card statement.

f. Credit Score Videos:

Understanding how a FICO Score is Determined: https://www.stlouisfed.org/education/continuing-feducation-video-series/episode-1-understanding-how-a-fico-credit-score-is-determined

This 6 minute video provides a short overview of credit scores - how they are determined and why they are important.

• What is a Credit Score? http://www.investopedia.com/video/play/what-is-a-credit-score/ Students will learn about the components and considerations of data that determines credit scores in this 90 second video.

ASSESSMENT: TESS 3.d: Using Assessment in Instruction

(burnt orange tab of the LiveBinder)

Create a financial portfolio including the following items:

(Templates for each of the items required are found in the Assessment tab of the LiveBinder.)

Item	Yes	No
Savings Plan:		
Identify a savings goal and list steps that would allow you to successfully achieve your		
goal.		
Investment Plan:		
Select a stock investment option and complete a research sheet. Present to the class		
whether you think the stock is a good investment for a portfolio based on research find-		
ings.		
Budgeting Plan:		
Using a budget tracker, create a budget for the month and follow it.		
Credit Plan:		
Given three credit card offers, identify the costs and benefits of each alternative and		
select the one that would be the best offer. Write a paragraph to justify your credit card		
choice.		

For More Information Contact: Economics Arkansas

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