Shape of Reflection

Description

This is a great tool to employ at the end of the day. It encompasses all ranges of ability and helps participants develop an awareness of their own learning.

Materials

- Reflection Sheet with square, triangle and circle (1 per participant or small group of participants)
- Pens or pencils for each participant

Teacher Preparation

Make copies of reflection sheet for each participant or small group of participants.

Procedure

1. Share with the participants that this is a reflection activity.
2. Distribute the reflection sheet to each participant or small group of participants.
3. Ask participants to focus their attention on the square. Ask them to reflect on what they have learned by thinking about beliefs that ‘squared’ with them. Allow time for them to record their responses.
4. Now, focus on the circle. Ask participants to reflection on questions that are still ‘rolling around’ in their minds. Allow time for reflection and responses.
5. The last shape to focus on is the triangle. Ask participants to identify ‘points’ that they want to remember to act upon. Allow time for reflection and responses.
6. Debrief the activity by revisiting each shape and sharing reflections.
What ideas/thoughts “squared” with you today?

What questions are still “rolling” around?

What “points” will you act upon?